



HELLO EVERYONE

WELCOME TO THE **December** **EDITION OF THE**
HIGHBORDER LODGE NEWSLETTER!

Highborder Lodge Christmas Bazaar – Sunday 18th November

A Huge thank you to everyone that supported our Christmas Bazaar on Sunday 18th November by donating raffle and bric-a-brac items and to all those who came along and supported the afternoon it was so lovely to see everyone there, thank you so much.

Please see the notice board for further details.

Christmas Raffle Draw on Christmas Eve Monday 24th December at 2pm
(Raffle Donation Prizes very welcome, thank you)

Come and join in the fun for our Christmas Raffle which will be drawn on Monday 24th December at 2pm. All profits will go into our 'Residents Activity Fund'.

Thank you all so much for your kind support we really appreciate it.

Family Christmas Meals with Residents over the Christmas Period

Please let the office know if you would like to join your relative for lunch over the Christmas period, however unfortunately please note spaces are very limited and bookings will be done on a first come first serve basis, there will be a cut-off date so please see the notice board for further details, prices and menus. Thank you.

Kind Reminder - Catering over the Christmas Holiday

Would families please be kind enough to inform the office / kitchen if residents are not here for any meals over the Christmas Holiday, this will assist with catering requirements.
Thank you for your kind assistance.

Last Month's Minibus Trips

Everyone enjoyed the pub lunch out to 'The Beacon Inn', the residents enjoyed the nice food and a good chat.

The trip to 'Highfield Garden Centre' was enjoyed by all, this is always very popular with our residents as there is always so much to see, plus it's so nice to watch the geese and ducks on the pond.

Our residents enjoyed the trip out for yet another pub lunch this time at The Rose Tree, what a boozy lot!! they all enjoyed a nice meal and a good old chat.

We had lots of laughs this month with our mad 'Baking Club' session we did some crazy rice krispies cakes with milk chocolate and white chocolate icing and decorated them, followed by some fruit dips, well we certainly had our five a day fruit intake the only trouble was we had our five a day chocolate fix also!! Everyone thoroughly enjoyed it together with singing along to music and of course lots of banter!!

Everyone had a good time looking around the Gloucester Victorian Market there was lots to see, followed by lunch at 'Weatherspoons Inn' which they all enjoyed.

We also had lots of fun and laughs whilst doing our craft session making Christmas cards with Gen our expert card maker, I'm not sure ours were as professional as Gen's but they looked pretty good especially after a drop of sherry!! We had some Christmas songs on so we were having a good old sing a long and of course plenty of banter!! A good fun afternoon.

We were going to do another trip to the Gloucester Victorian Market thinking it was on for two weeks but slightly misjudged it and found it wasn't so decided what else but by popular demand to do yes another pub lunch which of course everyone enjoyed.

We had fun with the very popular visit from Matthew (G-Fitness) doing exercises to music and enjoying Matthews well known 'rubbish jokes' that always makes everyone laugh anyway, well you have to they are that bad!! Everyone enjoys the laughs and banter we have with Matthew as well as exercising bits we didn't know needed exercising!! All good fun.

Musical Entertainment - Woodford Silver Band – Saturday 1st December from 2pm – in the dining room

Come and enjoy an afternoon on Saturday 1st December from 2pm with 'The Woodford Silver Band' for this fun afternoon getting us in the Christmas spirit, including sherry, warm mulled wine, mince pies, cookies and mince crumbles, all prepared by our fabulous Chef Andrew. So get tuned up for a good old singing session and plenty of banter from the band!! All Very Welcome!!

Avon Calling!! with Julie Cole

Julie will be dropping off some 'Avon' books to have a browse through this month, so feel free to have a look and place an order if you are interested if not just enjoy a browse! The brochure is usually located on the table below the notice board near the front entrance.

Please see Gilly if you would like to order something.

Aromatherapy Massage with Jackie Leake – Every Monday from 10am onwards

Jackie will continue to visit us every Monday from 10am to do hand, foot, head or shoulder massages and of course have a chat! Everyone finds it a very relaxing and enjoyable experience. Please keep up the continued support of this very valued service and remember the more residents that use this service the lower the price for all. Please see a member of staff if you are interested in this service and they will be happy to add you to Jackie's list.

Shop Trolley with Lesley – Usually Every Monday from 10am

The shopping trolley is still scheduled to visit your bedroom and the lounges every week, please ask a member of staff if you need to purchase anything at any other time and they will be happy to help. For those residents that are new, our shop sells confectionary, crisps and bathroom items. We also have a selection of greeting cards available for purchase in the front entrance; please see a member of staff if you are interested in having a look.

Afternoon TV with Lesley on Monday 3rd December from 2pm in the Large Lounge

Come and join us for an afternoon TV with Lesley on Monday 3rd December from 2pm in the large lounge. Lesley will have some TV tuck at the ready!! All very Welcome.

Village ‘Coffee Pot’ – (Coffee Morning) - Held at St Swithun’s Church in Leonard Stanley Village on Tuesday 4th December from 10.15am onwards with Lesley & Gilly

Village ‘Coffee Pot’ (Coffee Morning) on Tuesday 4th December from 10.15am onwards at St Swithun’s church. This is another chance to meet new people from the village and enjoy a chat and coffee. Please let Gilly or Lesley know if you would like to go to the Church coffee morning so she can make arrangements to take you. (Just a small donation for Coffee / Tea and Biscuits).

All are very welcome!

Afternoon Quiz with Lesley – Tuesday 4th December from 2pm in the Large Lounge

Come and join in with an afternoon Quiz with Lesley on Tuesday 4th December from 2pm in the large lounge, go on have a go and remember it’s not a test it’s just for fun!! All very Welcome.

King Stanley Brownies - Tuesday 4th December from 5.30 – 6.30pm in the Dining Room

We would like to welcome the ‘Kings Stanley Brownies’ on Tuesday 4th December from 5.30pm – 6.30pm for a Christmas sing-a-long & readings at tea time. All Very Welcome!!

Hand and Nail Pamper Session with Lesley Wednesday 5th, 12th & Thursday 20th December from 10am

Enjoy a hand and nail pamper session with Lesley on Wednesday 5th, 12th & Thursday 20th December from 10am, these sessions consist of your hands being gently soaked & then having some hand lotion gently rubbed in and then filing and painting your nails. This is proving to be popular with the ladies at Highborder Lodge. Please let Lesley know if you are interested and she will be happy to add you to her list!

Bingo Session – Wednesday 5th & 12th Tuesday 18th & Friday 28th December from 2pm in the Large Lounge

Come and join us for our Bingo Session on Wednesday 5th & 12th & Tuesday 18th & Friday 28th December from 2pm in the large lounge. Do come along if you would like to take part and enjoy lots of laughs, a bit of singing along the way and of course win a prize!

All are very welcome.

Minibus Trip – Marks & Spencer Cribbs on Thursday 6th December from 11am

Come and join us for a minibus trip to Marks & Spencer Cribbs on Thursday 6th December from 11am, also stopping off for a pub lunch on the way. Please let Jackie or Gilly know if you are interested.

One to One's with Gilly – Thursday 6th December from 11am

Gilly will be doing some one to one's with residents on Thursday 6th December from 11am, so if you fancy a chat, playing a game or a wheelchair outing (weather permitting) Gilly will be around to see you.

Afternoon Quiz with Gilly – Thursday 6th December from 2pm in the Large Lounge

Come and join in with an afternoon Quiz with Gilly on Thursday 6th December from 2pm in the large lounge, go on have a go and remember it's not a test it's just for fun!!

All very Welcome.

Chat with Julia Visit on Friday 7th & 21st December from 11am

We look forward to welcoming Julia to Highborder Lodge on Friday 7th & 21st December from 11am onwards for a Chat & Cuppa, so if you are in need of a good old chat Julia will be pleased to see you!

Giant Snakes & Ladders on Friday 7th December from 2pm in the Dining Room

Come and join in with Giant Snakes & Ladders on Friday 7th December from 2pm in the dining room, go on last time we had good fun!!

Gloucester Cathedral - Carol Service & Cloisters Market Stalls - Saturday 8th December from 1.15pm

On Saturday 8th December from 1.15pm we are off to Gloucester Cathedral for a short Carol Service and to also enjoy looking round a variety of festive market stalls in the Cathedrals Cloisters, we usually go every year and everyone said they really enjoyed themselves. Please let Gilly know if you are interested in this trip.

Afternoon Word Game / Hang Man with Lesley on Monday 10th & 17th December from 2pm in the Large Lounge

Come and join in with an afternoon of Word Games / Hang Man with Lesley on Monday 10th & 17th December from 2pm in the large lounge. All very Welcome!

One to One's with Lesley – Tuesday 11th December from 10am

Lesley will be doing some one to one's with residents on Tuesday 11th December from 10am, so if you fancy a chat, playing a game or a wheelchair outing (weather permitting) Lesley will be around to see you.

Afternoon Quiz with Lesley – Tuesday 11th December from 2pm in the Large Lounge

Come and join in with an afternoon Quiz with Lesley on Tuesday 11th December from 2pm in the large lounge, go on have a go and remember it's not a test it's just for fun!! All very Welcome.

Holy Communion (Every Fortnight) – Wednesday 12th December from 11am in the Small Lounge

Come and join Pat from our local Church for 'Holy Communion' and a chat on Wednesday 12th December (usually every fortnight) at 11am in the small lounge. All very Welcome!

Minibus Trip – Christmas Lunch at 'The Berkeley Arms Inn' on Thursday 13th December from 11am

Come and join us for our Christmas Lunch at 'The Berkeley Arms Inn' on Thursday 13th December from 11am for a lovely pub lunch out. Please let Jackie / Gilly know if you are interested.

Afternoon Quiz with Lesley – Thursday 13th December from 2.45pm in the Large Lounge

Come and join in with an afternoon Quiz with Lesley on Thursday 13th December from 2.45pm in the large lounge, go on have a go and remember it's not a test it's just for fun!! All very Welcome.

Pets for Therapy Dog Visit on Friday 14th & 28th December from 11am with Mary & 'Jet'

We look forward to welcoming 'Jet' the black Labrador and her servant Mary to Highborder Lodge on Friday 14th & 28th December from 11am onwards so if you are in need of a cuddle from 'Jet' and a chat with Mary they will be around to see you.

Short Morning Minibus Trip – 'Highfield Garden Centre' on Friday 14th December from 10am

Come and join us for a short morning minibus trip to 'Highfield Garden Centre' on Friday 14th December from 10am, it will be lovely to have a browse around the centre and of course have a cuppa, cake & chat. Please let Jackie or Gilly know if you are interested.

One to One's with Gilly & Lesley – Tuesday 18th December from 10am

Gilly & Lesley will be doing some one to one's with residents on Tuesday 18th December from 10am, so if you fancy a chat, playing a game or a wheelchair outing (weather permitting) Gilly will be around to see you.

Making Sweet Bags for Bingo Prizes – Tuesday 18th December before Bingo in the Large Lounge

Please come and join us making up some sweet bags for bingo prizes on Tuesday 18th before bingo in the large lounge. All are very Welcome!

Minibus Trip – Christmas Lunch at 'The Berkeley Arms Inn' on Wednesday 19th December from 11am

Come and join us for our Christmas Lunch at 'The Berkeley Arms Inn' on Wednesday 19th December from 11am for a lovely pub lunch out. Please let Jackie / Gilly know if you are interested.

Afternoon Quiz with Gilly – Wednesday 19th December from 2pm in the Large Lounge

Come and join in with an afternoon Quiz with Gilly on Wednesday 19th December from 2pm in the large lounge, go on have a go and remember it's not a test it's just for fun!!

All Very Welcome!!

One to One's with Gilly & Lesley – Thursday 20th December from 11am

Gilly & Lesley will be doing some one to one's with residents on Thursday 20th December from 11am, so if you fancy a chat, playing a game or a wheelchair outing (weather permitting) Gilly will be around to see you.

Afternoon Pantomime 'Puss in Boots' – Thursday 20th December from 2pm in the dining room

Come and join us for 'Puss in Boots' afternoon Pantomime on Thursday 20th December from 2pm in the dining room, so get in practice with the praises, 'oh yes it is' and 'he's behind you'!!

All very Welcome 'oh yes you are'!!

Afternoon Quiz with Gilly – Friday 21st December from 2pm in the Large Lounge

Come and join in with an afternoon Quiz with Gilly on Friday 21st December from 2pm in the large lounge, go on have a go and remember it's not a test it's just for fun!!

All very Welcome.

Musical Entertainment with 'Bert Lush' on Saturday 22nd December from 2pm in the Large Lounge

Come and join us for a musical afternoon with 'Bert Lush' on Saturday 22nd December from 2pm in the large lounge. All very Welcome!!

Christmas Raffle Draw - to be drawn on (Christmas Eve) Monday 24th December at 2pm

Come and join us for our General Christmas Raffle & Bacardi Raffle Draw and also 'Guess the Weight of the Cake' winner on (Christmas Eve) Monday 24th December from 2pm followed by refreshments including mince pies and short bread biscuits, Yum Yum!!

Christmas Day Visit from Father Christmas – Tuesday 25th December from 10am

Get ready for 'Father Christmas' visiting on Christmas Day Tuesday 25th December from 10am onwards with all the presents, well that's if he can get down the chimney after he's eaten so many mince pies washed down with all that sherry!! Go on you know you're excited!!

Minibus Trip – 'Highfield Garden Centre' on Thursday 27th December from 11am

Come and join us for a trip to 'Highfield Garden Centre' for a browse around the centre including a lovely lunch on Thursday 27th December from 11am.

Please let Jackie, Lesley or Gilly know if you are interested.

One to One's with Gilly – Thursday 27th December from 11am

Gilly will be doing some one to one's with residents on Thursday 27th December from 11am, so if you fancy a chat, playing a game or a wheelchair outing (weather permitting) Gilly will be around to see you.

Afternoon Quiz with Gilly – Thursday 27th December from 2pm in the Large Lounge

Come and join in with an afternoon Quiz with Gilly on Thursday 27th December from 2pm in the large lounge, go on have a go and remember it's not a test it's just for fun!! All very Welcome.

Musical Entertainment with 'Music Maestro' on Saturday 29th December from 2pm in the Large Lounge

Come and join us for a musical afternoon with the 'Music Maestro' on Saturday 29th December from 2pm in the large lounge. All very Welcome!!

Classical Concert Afternoon – Monday 31st December from 2pm in the Large Lounge

Come and join us for a Classical Concert afternoon on Monday 31st December from 2pm in the large lounge. Lesley will be ready with the concert tuck!! All very Welcome!

Other Activities available in our Village – Families maybe interested to take their resident relative

Knit & Natter Group - Monday's from 10am – 12 Noon - At Leonard Stanley Village Hall
Entry & Refreshments £2.50 / Contact Madeleine Little - Tel: 01453 821354

Short Mat Bowls - Wednesday's from 9.30am – 12 Noon at Leonard Stanley Scout Hut
Contact – Jim Morgan – Tel: 01453 822106

Women's Fellowship – (Fortnightly) Wednesday afternoon from 2.30pm – 4pm
At Leonard Stanley Village Hall
Refreshments & Entry together £1.50
Contact Ann Vale – Tel: 01453 822435

Leonard Stanley Film Club
Saturday's from 9.45am onwards until finish of film
At Leonard Stanley Village Hall (Social Club)
Refreshments £1 Coffee & Biscuits – (£12 per Year Membership)

Information for our admin office

Please would you be kind enough to let the office know your 'National Insurance Number' if not already done so to assist with our office admin. Thank you so much for your assistance in this matter.

Visitors Reminder regarding 'Fire Evacuation Procedure'

Just to remind visitors if you hear the fire alarm please proceed to the nearest fire exit and assemble outside at the designated 'Fire Assembly Point'. Please do not return into the building until it is announced safe to do so. Thank you

Family / Friends reminder regarding taking residents out

Just to remind Family & Friends please remember to let a member of staff know if you are taking one of our residents off site and also remember to sign out, it would also be helpful to know whether they will be back for meal time so we can keep our kitchen updated. Thank you for your assistance in this matter.

Monthly Library Visits – Next Visit to be advised

Please join us for a visit to the Stonehouse Library once a month. The next visit to be advised, Gilly will put a poster up as soon as she is informed of a date, so if you would like to go along to the library to browse and pick your own books please let a member of staff know so they can put you on the library outing list.

Door Code

Apologies for regularly changing the door code but this is part of our regulations and in the interest of all who reside and are employed by Highborder Lodge please do not give out the key code to the front door to anyone you do not know.

Comments, Concerns or Complaints

If you have any Worries, Concerns or Complaints please address to the Manager, all complaints will be treated seriously and in confidence. Please refer to your resident's handbook or the information for clients, visitors & staff book found in the front entrance.

Comments Book – (How well did we do or not?)

For any new residents and families / friends just to make you aware we have a 'Comments Book' situated in the front entrance next to the signing in book, please feel free to make use of this book, as this supports improvements to the service delivered.

Lost and Found Items

Please contact the office if you have lost any items and we will do our best to help.

Personal Flower arrangement for your own room

If you would like to do your own flower arrangement to have in your own room please see Gilly and she can get some flowers and an oasis for you, obviously there will be a small cost for the flowers and oasis but it won't be very much. Please let Gilly know if you are interested and she will be happy to help you!

Minibus Trips Every Thursday

If you fancy a trip out for a pleasant drive around our wonderful countryside and a stop off for refreshments please let Gilly know so she can book your seat on the bus. Also please let Gilly know if you have any other ideas for small trips out and she will do her best to arrange this for you.

Activities

Activities could be anything from Flower arranging, coffee mornings at the village Church, to walks out or wheels out in the wheelchair for some fresh air (weather permitting), a chat and a cup of tea, craft activities or various minibus trips some including lunch out. If you have any other suggestions or ideas I will be only too pleased to hear from you. Gilly and other members of staff will also try to fit in some unscheduled one to one's when possible.

Reminder for Trips Out

Please remember to let Gilly or Jacky know if you would like to go on a trip so you can be added to the list in the diary to save any disappointment, on some occasions we have spaces available on the day where someone has decided not to go but on the whole it is better to book your place.

Personal Expenditure Accounts

We would welcome anyone wishing to check their personal account when visiting residents as this would help greatly with keeping our administration costs to a minimum. Thank you for your assistance in this matter.

Personal Appointments

Just to inform any new residents & families that our minibus will only be made available for emergency appointments as it is primarily used for our residents outings. We would like to emphasise that it is the responsibility of families to provide an escort for their relative but in extenuating circumstances, we will endeavour to provide an escort, the cost of which will be incurred by the family / relative. This can be deducted from residents personal expenditure if required. Please see the office if you have any concerns regarding appointments / hospital transport and we will do our best to help.

Hospital Transport – Arriva Transport Solutions

There is also Hospital transport available with ‘Arriva Transport Solutions’ which is free of charge but you will be assessed by them for your eligibility.

Please see the office if you would like the phone number for Arriva Transport or if you require assistance arranging hospital transport and we will do our best to help.

Polite Notice – Car Parking near the Garden Borders

Please do not park too near the garden borders as our gardener needs to be able to have enough space to tend them, also you may damage the plants. Thank you for your kind attention in this matter.

New Residents – Laundry labelling

Just a little reminder to our new respite and permanent residents to please remember to label all clothing on admission to Highborder Lodge. Thank you for your kind assistance in this matter.

Visitors Reminder - Smoking

Just a kind reminder to our visitors we have a strict non-smoking policy within our home and gardens. Thank you for your kind co-operation.

Residents

We would like to extend a very warm welcome to our new permanent and respite residents and hope their stay will be very happy here at Highborder Lodge.

Thank you for taking the time to read this. If you would like to make any comments or contributions then do please let our Manager Neil Ward or any of the office staff know!

December: [Poinsettia](#). These flowers are typically associated with Christmas. While considered by the ancient Aztecs to be symbols of purity, in today's language of flowers, red, white or pink poinsettias, the December birth flower, symbolise good cheer and success and are said to bring wishes of mirth and celebration.

